

# Systematic Review Guide

This guide provides instructions and tips on best practices for conducting systematic reviews. The information presented in this guide applies to reviews conducted with or without Nested Knowledge.

## Free Video Course

If you want to learn about Systematic Review from our free course on [How to Review the Medical Literature](#), sign up today!

## 1. What Are Systematic Reviews?

A [systematic review](#) is a summary of medical literature related to a particular research question.

## 2. Planning a Review

You will want to carefully [plan your systematic review](#). Mainly, is this review [feasible](#) to complete? Should you [register](#) your protocol?

## 3. Conduct Review

Use the Nested Knowledge software to conduct a systematic review or use external methods.

## 4. Quality Control

[Quality control](#) is necessary to ensure that your extracted data are accurate and your included studies are all high quality.

## 5. Find a Journal

When thinking about writing the manuscript, you must find a [target journal](#) that is likely to accept your manuscript.

## 6. Write the Manuscript

Begin writing up your introduction, abstract, methods, results, and discussion sections of the

[manuscript](#).

## 7. Format Manuscript

All journals have [formatting requirements](#) before you can submit your materials for possible publication.

## 8. Submit Manuscript

The final step in conducting a systematic review is to [Tips for Submitting Your Manuscript](#) your completed and QC'ed manuscript to the target journal.

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