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# **Systematic Review Guide**

This guide provides instructions and tips on best practices for conducting systematic reviews and meta-analyses. The information presented in this guide applies to reviews conducted with Nested Knowledge or with other methods.

#### What are systematic reviews and meta-analyses?

A systematic review is a summary of medical literature related to a particular research question.

## **Planning a Review**

The first steps to conducting a systematic review include planning questions you must answer. Mainly, is this review feasible to complete?

#### **Conduct Review**

Use the Nested Knowledge software to conduct a systematic review or use external methods.

## **Quality Control**

Making sure your extracted data is accurate and your included studies are all high quality are the two foundations for conducting quality control.

#### Find a Journal

When thinking about writing the manuscript, you must find a target journal that is likely to accept your manuscript.

## Write the Manuscript

Begin writing up your introduction, abstract, methods, results, and discussion sections of the manuscript.

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# **Format Manuscript**

All journals have formatting requirements before you can submit your materials for possible publication.

# **Submit Manuscript**

The final step in conducting a systematic review is to Tips for Submitting Your Manuscriptyour completed and QC'ed manuscript to the target journal.

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