

Systematic Review Guide

This guide provides instructions and tips on best practices for conducting systematic reviews and meta-analyses. The information presented in this guide applies to reviews conducted with Nested Knowledge or with other methods.

1. What are systematic reviews and meta-analyses?

A [systematic review](#) is a summary of medical literature related to a particular research question.

2. Planning a Review

The first steps to conducting a systematic review include [planning questions](#) you must answer. Mainly, is this review feasible to complete?

3. Conduct Review

Use the Nested Knowledge software to conduct a systematic review or use external methods.

4. Quality Control

Making sure your extracted data is accurate and your included studies are all high quality are the two foundations for conducting [quality control](#).

5. Find a Journal

When thinking about writing the manuscript, you must find a [target journal](#) that is likely to accept your manuscript.

6. Write the Manuscript

Begin writing up your introduction, abstract, methods, results, and discussion sections of the [manuscript](#).

7. Format Manuscript

All journals have [formatting requirements](#) before you can submit your materials for possible publication.

8. Submit Manuscript

The final step in conducting a systematic review is to [Tips for Submitting Your Manuscript](#) your completed and QC'ed manuscript to the target journal.

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