

# Systematic Review Guide

This guide provides instructions and tips on best practices for conducting systematic reviews. The information presented in this guide applies to reviews conducted with Nested Knowledge or with other methods.

## 1. What are systematic reviews and meta-analyses?

A [systematic review](#) is a summary of medical literature related to a particular research question.

## 2. Planning a Review

The first steps to conducting a systematic review include [planning questions](#) you must answer. Mainly, is this review feasible to complete?

## 3. Conduct Review

Use the Nested Knowledge software to conduct a systematic review or use external methods.

## 4. Quality Control

Making sure your extracted data is accurate and your included studies are all high quality are the two foundations for conducting [quality control](#).

## 5. Find a Journal

When thinking about writing the manuscript, you must find a [target journal](#) that is likely to accept your manuscript.

## 6. Write the Manuscript

Begin writing up your introduction, abstract, methods, results, and discussion sections of the [manuscript](#).

## 7. Format Manuscript

All journals have [formatting requirements](#) before you can submit your materials for possible publication.

## 8. Submit Manuscript

The final step in conducting a systematic review is to [Tips for Submitting Your Manuscript](#) your completed and QC'ed manuscript to the target journal.

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