

# Best Practices for Extracting Data

## Overview

Several studies have documented the fact that extraction errors in systematic reviews are very common, with extraction error rates ranging from 8% to 63% (Mathes et al., 2017). Unfortunately, no universal recommendations exist regarding how to best extract data. For instance, recommendations vary as to whether data extraction should be conducted by at least two different people (Buchter et al., 2020).

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## Configuring Data Elements

Before extracting any data, the variables that will be collected must be defined as either continuous, dichotomous, or categorical.

- *Generally, gender is classified as a dichotomous variable (male or female) as well as patient characteristics such as hypertension or diabetes (yes or no). Age is classified as a continuous variable.*

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## A note about Continuous Variables

The way in which continuous variables will be extracted needs to be determined. This can be done by choosing a central tendency measure (mean or median) and a dispersion measure (standard deviation, median, or range).

There are four options that are typically reported: mean (SD), mean (range), median (range), median (IQR).

- The mean/median or the SD/range/IQR may not be present in all studies included for extraction. If this is the case, leave blank/empty. Do not enter the mean as the median or vice versa.
- Standard Error Versus Standard Deviation - a common mistake in the extraction of continuous outcome data is the use of the standard error instead of the standard deviation (Harris et al., 2019). The standard deviation can be obtained by multiplying the standard error of the mean by the square root of the sample size.

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## Extract Data Elements

1. **Select Intervention Arms** and extract the number of participants in each group
2. **Extract time point data** (when the outcomes were assessed). For example, time point for baseline would be zero days and time point for the outcome would be 28 days. If there are multiple time

points, choose the time point that is used for the primary outcome.

### 3. Extract data elements

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## Check Reported Outcomes Carefully

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# Best Practices for Data Extraction: NK Software

Please refer to the AutoLit section that reviews the steps for data extraction.

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## References

Büchter RB, Weise A and Pieper D. Development, testing and use of data extraction forms in systematic reviews: a review of methodological guidance. BMC Med Res Methodol 2020;20:259. <https://pubmed.ncbi.nlm.nih.gov/33076832/>.

Harris RG, Neale EP and Ferreira I. When poorly conducted systematic reviews and meta-analyses can mislead: a critical appraisal and update of systematic reviews and meta-analyses examining the effects of probiotics in the treatment of functional constipation in children. Am J Clin Nutr 2019;110:177-195. <https://pubmed.ncbi.nlm.nih.gov/31127810/>.

Mathes T, Klößen P and Pieper D. Frequency of data extraction errors and methods to increase data extraction quality: a methodological review. BMC Med Res Methodol 2017;17:152. <https://pubmed.ncbi.nlm.nih.gov/29179685/>.

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