Step 3 : Read through author instructions and create a list of all required materials and information

- Submissions often require additional documents and information. These may include:
  - 1. Conflict-of-interest forms and/or statement
  - 2. Patient consent
  - 3. Disclosures
  - 4. Checklists
  - 5. Copyright agreements
  - 6. Co-author emails
  - 7. Corresponding author contact information
  - 8. Highest academic degrees
  - 9. Publication fees
  - 10. Color charges
  - 11. Suggested reviewers

**Step 4** : Format manuscript and all attachments according to requirements

- Always check the guidelines for each journal, but widely accepted standards include:
  - 1. Line spacing: double
  - 2. Font and font size: Times New Roman, size 12
  - 3. Margins: 1"
  - 4. 1/2" indentations at beginning of paragraphs
  - 5. Page numbers
- Manuscript text:
  - 1. Confirm word limits for abstract, text, references, and figures/tables

## The Formatting Process

Format Manuscript

## Step 1 : Select target journal

## **Step 2** : Go to the target journal's website for formatting and submission requirements

These usually can be found under author "guidelines" or "instructions"

- Questions to ask when identifying which requirements to follow:
  - 1. What type of article is being formatted? *Original research, review, case report, letter to the editor, editorial, etc.*
  - 2. Is an Abstract required?
  - 3. What type of Abstract is required (structured or unstructured)?
  - 4. What are the word limits for the abstract and text for the type of article? What is included in the word count?

- 2. Provide an abbreviation list if required
- 3. Ensure line spacing, text size, and page margins are correct
- 4. Use appropriate formatting hierarchy for headings and subheadings
- 5. Determine whether page numbers, line numbers, or other headers/footers are needed
- 6. If the journal uses a blinded review process, ensure that no identifiable information is included in the manuscript text or figures/tables
- Statements: Include any required statements in the specified location in the manuscript, with proper labeling and language
  - 1. Author contributions
  - 2. Competing interests/disclosures
  - 3. Funding
  - 4. Data sharing
  - 5. Patient consent
  - 6. Ethical approval
  - 7. Acknowledgements

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